

Collaborative Education Series

MaineGeneral YouTube

'On-Demand' Presentation

Audience: AT's, PT's, OT's, other medical professionals and students.

Date: On-Demand

Time: On-Demand

Tuition:
\$22.50

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CEU certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on BOC website

Search for P2258

On-Demand: Swimming, Gymnastics, and Cycling: Assessment, Treatment, and Prevention

CAT A Presentation

Program Date: June 5, 2024
Release as On-Demand Date: June 5, 2024
Expiration Date: June 5, 2027

Presenters:

ON-DEMAND	Chris Lutrzykowski, MD	MaineGeneral Sports Medicine
	Thomas Hoke, MD	MaineGeneral Sports Medicine
	Kevin Connolly, DO	Maine-Dartmouth Family Residency

- Swimming, gymnastics and cycling are three very popular sports that people of all ages participate in. However, the rate with which these events have athletic trainers present, is much lower than other sporting events, particularly in the secondary school setting. Like all sports, injuries happen and often the provider has not had any specialized training on how to manage and treat these injuries with a specialized return to play in mind. This effects athletic trainers success in prevention, evaluation, rehabilitation and returning to sport.

- By participating in this program, the participant will have the ability to increase their accuracy and consistency with injury assessment. By utilizing differential diagnosis skills with regard to the unique demands that athletes of these sports face. This increase in understanding, consistency and accuracy will lead to improved efficiency in treating the injury, as well as decreased game time lost due to the injury. This is because accurate diagnosis and understanding of the nuances of the sports, leads directly to appropriate care.

Objectives:

- Identify common injuries in swimming, gymnastics, and cycling.
- Identify the unique demands these athletes endure.
- Explain prevention, mitigation and treatment of common injuries in these sports.



To view all our BOC On-Demand Programs:

SCAN



For AT's, PT's, OT's EMT's, MA's

According to the education levels described by the PDC, the following continuing education course is considered to be **Advanced**.

Credits awarded:

CEU's awarded: 1.5 CAT A CEUs

MaineGeneral Medical Center (BOC AP#: P2258) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of (1.5) CAT A CEUs. ATs should claim only those hours actually spent in the educational program.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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Medical Center



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